



30

**DAYS RAMADAN
ACTIVITY PLAN**

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Day 1

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To-do List

Read 20 pages of Quran

Watch a lecture on YouTube
(i.e Angels in your Presence, A Ramadan Series
with Omar Suleiman on Yakeen Institute or
Ramadan 2019 Gems on Bayyinah TV Channel)

Memorize 1st ayat of Surah Mulk (30 verses In
total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhanallah' (Glory is to Allah) 100 times.

Reward:

Narrated by Sa'd bin Abu Waqqas (RA):

'We were with the Messenger of Allah when he asked, 'Is anyone of you unable to earn a thousand deeds?' One of thos present asked: 'How can one earn thousand good deeds in a day?' He (saw) replied, 'By saying Subhannah a hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.'

[MUSLIM]



Day 2

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To-do List

Read 20 pages of Quran

Watch Seerah of the Prophet (saw)

Memorize 2nd ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhannallahi Wa Bihamdihi' (Glory is Allah and praised is He)
x 100 times.

Reward:

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea."

[BUKHARI]



Day 3

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To-do List

Read 20 pages of Quran

Write a loving letter to your parents or siblings expressing how much you love and appreciate them.

Memorize 3rd ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and no might except by Allah) x 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of Allah!' Thereupon he (saw) said, 'Recite 'Laa hawla wa la quwwata illa billaah'.

[BUKHARI & MUSLIM]



Day 4

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Send fruit basket to your neighbor

Memorize 4th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi, Walhamdu lillaahi, wa laa ilaaha illallahu, wallaahu akbar' (Glory is to Allah, and praise is to Allah, and there is none worthy of worship but Allah, and Allah is the Most Great.)

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'The uttering of the words Subhanallah, Alhamdullilah, La ilaha illallah and allahu akbar, is dearer to me than anything over which the sun rises.'

[MUSLIM]



Day 5

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To-do List

Read 20 pages of Quran

Post or share something beneficial with others on social media.

Memorize 5th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi wa bihamdihi Subhaanallahi Adheem' (Glorified is Allah and Praise is He, Glorified is Allah the Most Great).

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'There are two statements that are light on the tongue to remember, heavy in the Scales and are dear to the Merciful: Subhaanalahi wa bihamdhi subhaanalahi adheem.'

[MUSLIM & BUKHARI]



Day 6

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Call and check up on your grandparents and male uncles.

Memorize 6th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi wa bihamdihi, Adada Khalqihi wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude of His creation, by the weight of His Throne, and by the extent of His Words) **3 times**.

Reward:

Narrated by Juwairiyah pint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as i was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there.

The Prophet (saw) said 'Are you still in the same position as i left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above)...'



Day 7

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Listen to lecture on Youtube or Podcast

Memorize 7th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa ilaaha illallaahu wahdahu laa shareeka lahu, lahul mulku wa lahulhamdu wa huwa alaa kulli shayin qadeer' (None has the right to be worshipped but Allah alone, Who has no partner. He is the dominion and He is the praise and He is able to do all things **x100 times**)

Reward:

Narrated by Abu Hurairah (RA):

The Messenger of Allah (saw) said 'He who utters a hundred times in a day these words (see above) he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against evil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.'



Day 8

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To-do List

Read 20 pages of Quran

Control Your anger and write down 10 things you are grateful for.

Memorize 8th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Astaghfirullaaha wa atoobu ilayhi' (I seek Allah's pardon and turn to him in repentance) x 70 times

Reward:

Narrated by Abu Hurairah (RA):

I heard the Messenger of Allah (saw) saying 'I swear by Allah that I seek Allah's pardon and turn to him in repentance more than seventy times a day.'

[BUKHARI]



Day 9

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To-do List

Read 20 pages of Quran

Provide food for a fasting person.

Memorize 9th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Allahumma Anta Rabbee laa ilaaha lila anta, khalaaqtanee wa anaa abduka, wa anaa alaa ahdika wa wadika mastatatu, aoothu bika min sharri maa sanatu, aboo'u laka binimatika alayya wa abooou bithanbee faghfir lee fainnahu laa yaghfiruth thunooba illaa anta' (O allah, You are my Lord, there is none worthy of worship but you. You created me and I am your slave. I keep Your covenant, I seek refuge in you from the evil of what I have done. I admit to your blessings upon me and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Reward:

Narrated by Shaddah bin Anus (RA):

The Prophet (saw) said 'the best supplication for seeking forgiveness (Syed-uk-Istigfar) is to say (see above). He who supplicates in these terms during the day with firm belief in it and dies on the same day (before the evening), he will be one of the dwellers of Jannah; and if anyone supplicates in these terms during the night with firm belief in it and dies before the morning, he will be one of the dwellers of Jannah.



Day 10

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To-do List

Read 20 pages of Quran

Donate some of your clothes to people that will appreciate it.

Memorize 10th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhanallah' (Glory is to Allah) 100 times.

Reward:

Narrated by Sa'd bin Abu Waqqas (RA):

'We were with the Messenger of Allah when he asked, 'Is anyone of you unable to earn a thousand deeds?' One of those present asked: 'How can one earn thousand good deeds in a day?' He (saw) replied, 'By saying Subhannah a hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.'

[MUSLIM]



Day 11

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To-do List

Read 20 pages of Quran

Read and Reflect on the 99 names of Allah

Memorize 11th ayat of Surah Mulk (30 verses
In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhannallahi Wa Bihamdihi' (Glory is Allah and praised is He)
x 100 times.

Reward:

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a day, will be forgiven
all his sins even if they were as much as the foam of the sea."

BUKHARI



Day 12

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To-do List

Read 20 pages of Quran

Learn a dua

Memorize 12th ayat of Surah Mulk (30 verses
In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and no might except
by Allah) x 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a treasure from the
treasure of Jannah?' I said: 'Yes, O Messenger of Allah!' Thereupon he (saw) said, 'Recite
'Laa hawla wa la quwwata illa billaah'.

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Day 13

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To-do List

Read 20 pages of Quran

Listen to a lecture

Memorize 13th ayat of Surah Mulk (30 verses
In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi, Walhamdu lillaahi, wa laa ilaaha illallahu, wallaahu akbar' (Glory is to Allah, and praise is to Allah, and there is none worthy of worship but Allah, and Allah is the Most Great.)

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'The uttering of the words Subhanallah, Alhamdulillah, La ilaha illallah and allahu akbar, is dearer to me than anything over which the sun rises.'

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Day 14

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To-do List

Read 20 pages of Quran

Call and check up on all your aunties

Memorize 14th ayat of Surah Mulk (30 verses
In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi wa bihamdihi Subhaanallahi Adheem' (Glorified is Allah and Praise is He, Glorified is Allah the Most Great.

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'There are two statements that are light on the tongue to remember, heavy in the Scales and are dear to the Merciful: Subhaanalahi wa bihamdhi subhaanalahi adheem.'

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Day 15

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To-do List

Read 20 pages of Quran

Video call your siblings and play Islamic Trivia games

Memorize 15th ayat of Surah Mulk (30 verses In total) or another surah.

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi wa bihamdihi, Adada Khalqihi wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude of His creation, by the weight of His Throne, and by the extent of His Words) 3 times.

Reward:

Narrated by Juwairiyah pint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as i was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there.

The Prophet (saw) said 'Are you still in the same position as i left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above)...'



Day 16

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Forgive everyone that has hurt you including yourself

Memorize 16th ayat of Surah Mulk (30 verses In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa ilaaha illallaahu wahdahu laa shareeka lahu, lahul mulku wa lahulhamdu wa huwa alaa kulli shayin qadeer' (None has the right to be worshipped but Allah alone, Who has no partner. He is the dominion and He is the praise and He is able to do all things x100 times

Reward:

Narrated by Abu Hurairah (RA):

The Messenger of Allah (saw) said 'He who utters a hundred times in a day these words (see above) he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against evil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.'



Day 17

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To-do List

Read 20 pages of Quran

Pay Zakat or Sadaqah

Memorize 17th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Astaghfirullaaha wa atoobu ilayhi' (I seek Allah's pardon and turn to him in repentance) x 70 times

Reward:

Narrated by Abu Hurairah (RA):

I heard the Messenger of Allah (saw) saying 'I swear by Allah that I seek Allah's pardon and turn to him in repentance more than seventy times a day.'

BUKHARI



Day 18

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To-do List

Read 20 pages of Quran

Assist in doing the house chores

Memorize 18th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Allahumma Anta Rabbee laa ilaaha lila anta, khalaqtanee wa anaa abduka, wa anaa alaa ahnika wa wadika mastatatu, aoothu bika min sharri maa sanatuu, aboo'u laka binimatika alayya wa abooou bithanbee faghfir lee fainnahu laa yaghfiruth thunooba illaa anta' (O allah, You are my Lord, there is none worthy of worship but you. You created me and I am your slave. I keep Your covenant, I seek refuge in you from the evil of what I have done. I admit to your blessings upon me and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Reward:

Narrated by Shaddah bin Anus (RA):

The Prophet (saw) said 'the best supplication for seeking forgiveness (Syed-uk-Istighfar) is to say (see above). He who supplicates in these terms during the day with firm belief in it and dies on the same day (before the evening), he will be one of the dwellers of Jannah; and if anyone supplicates in these terms during the night with firm belief in it and dies before the morning, he will be one of the dwellers of Jannah.



Day 19

BY WWW.TNÈNE.COM

To-do List

Read 20 pages of Quran

Read a beneficial article or story (check out Angel Jibreel's Post on www.tnene.com)

Memorize 19th ayat of Surah Mulk (30 verses In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhanallah' (Glory is to Allah) 100 times.

Reward:

Narrated by Sa'd bin Abu Waqqas (RA):

'We were with the Messenger of Allah when he asked, 'Is anyone of you unable to earn a thousand deeds?' One of those present asked: 'How can one earn thousand good deeds in a day?' He (saw) replied, 'By saying Subhannah a hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.'

MUSLIM



Day 20

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 20th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhannallahi Wa Bihamdihi' (Glory is Allah and praised is He)
x 100 times.

Reward:

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a day, will be forgiven
all his sins even if they were as much as the foam of the sea."

BUKHARI



Day 21

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 21st ayat of Surah Mulk (30 verses In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and no might except by Allah) x 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of Allah!' Thereupon he (saw) said, 'Recite 'Laa hawla wa la quwwata illa billaah'.

BUKHARI & MUSLIM



Day 22

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 22nd ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi, Walhamdu lillaahi, wa laa ilaaha illallahu, wallaahu akbar' (Glory is to Allah, and praise is to Allah, and there is none worthy of worship but Allah, and Allah is the Most Great.)

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'The uttering of the words Subhanallah, Alhamdulillah, La ilaha illallah and allahu akbar, is dearer to me than anything over which the sun rises.'

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Day 23

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 23rd ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi wa bihamdihi Subhaanallahi Adheem' (Glorified is Allah and Praise is He, Glorified is Allah the Most Great).

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'There are two statements that are light on the tongue to remember, heavy in the Scales and are dear to the Merciful: Subhaanalahi wa bihamdhi subhaanalahi adheem.'

MUSLIM & BUKHARI



Day 24

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 24th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhaanallahi wa bihamdihi, Adada Khalqihi wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude of His creation, by the weight of His Throne, and by the extent of His Words) 3 times.

Reward:

Narrated by Juwairiyah pint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as i was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there.

The Prophet (saw) said 'Are you still in the same position as i left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above)...'



Day 25

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 25th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa ilaaha illallaahu wahdahu laa shareeka lahu, lahul mulku wa lahulhamdu wa huwa alaa kulli shayin qadeer' (None has the right to be worshipped but Allah alone, Who has no partner. He is the dominion and He is the praise and He is able to do all things x100 times

Reward:

Narrated by Abu Hurairah (RA):

The Messenger of Allah (saw) said 'He who utters a hundred times in a day these words (see above) he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against evil on that day till the evening; and no one will exceed him in doing more excellent good deeds exce



Day 26

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To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 26th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Astaghfirullaaha wa atoobu ilayhi' (I seek Allah's pardon and turn to him in repentance) x 70 times

Reward:

Narrated by Abu Hurairah (RA):

I heard the Messenger of Allah (saw) saying 'I swear by Allah that I seek Allah's pardon and turn to him in repentance more than seventy times a day.'

BUKHARI



Day 27

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 27th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Allahumma Anta Rabbee laa ilaaha lila anta, khalaaqtanee wa anaa abduka, wa anaa alaa ahdika wa wadika mastatatu, aoothu bika min sharri maa sanatu, aboo'u laka binimatika alayya wa abooou bithanbee faghfir lee fainnahu laa yaghfiruth thunooba illaa anta' (O allah, You are my Lord, there is none worthy of worship but you. You created me and I am your slave. I keep Your covenant, I seek refuge in you from the evil of what I have done. I admit to your blessings upon me and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Reward:

Narrated by Shaddah bin Anus (RA):

The Prophet (saw) said 'the best supplication for seeking forgiveness (Syed-uk-Istigfar) is to say (see above). He who supplicates in these terms during the day with firm belief in it and dies on the same day (before the evening), he will be one of the dwellers of Jannah; and if anyone supplicates in these terms during the night with firm belief in it and dies before the morning, he will be one of the dwellers of Jannah.



Day 28

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To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 28th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhanallah' (Glory is to Allah) 100 times.

Reward:

Narrated by Sa'd bin Abu Waqqas (RA):

'We were with the Messenger of Allah when he asked, 'Is anyone of you unable to earn a thousand deeds?' One of those present asked: 'How can one earn thousand good deeds in a day?' He (saw) replied, 'By saying Subhannah a hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.'

MUSLIM



Day 29

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To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize 29th ayat of Surah Mulk (30 verses
In total) or another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Subhannallahi Wa Bihamdihi' (Glory is Allah and praised is He)
x 100 times.

Reward:

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a day, will be forgiven
all his sins even if they were as much as the foam of the sea."

BUKHARI



Day 30

BY WWW.TNÉNE.COM

To-do List

Read 20 pages of Quran

Pray Tahajjud

Memorize final ayat of Surah Mulk (30 verses In total) or other another surah

Pray Taraweeh

Quran Schedule

Fajr: 4 Pages

Dhur: 4 Pages

Asr: 4 Pages

Maghreb: 4 Pages

Isha: 4 Pages

or

Tahajjud: 10 Pages

Dhur: 5 Pages

Asr: 5 Pages

Dhikr of the Day

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and no might except by Allah) x 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of Allah!' Thereupon he (saw) said, 'Recite 'Laa hawla wa la quwwata illa billaah'.

BUKHARI & MUSLIM



Assalam alaykum,

Alhamdulillah for witnessing the end of Ramadan.

I pray Allah (swt) forgives all your sins, accepts your fasts and prayers, including all the good deeds you've occupied yourself with during this holy month.

Much love from your sister,

Hasiya Altine Nagode



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